

## Parent and Student Communication Policy

- RISE Martial Arts values open communication with both students and parents. Any questions, concerns, or feedback should be directed to the instructor or staff via email at **risemartialarts1234@gmail.com**.
- For urgent matters, please contact Michelle Sooter directly at **970-380-5885**.
- Please ensure your contact information is up to date so that you can receive important updates or announcements.

## Health and Wellness Policy

### Physical Health:

- All students must be in good physical health to participate in classes. If a student has an injury or medical condition that might affect their participation, a doctor's note may be required before they can resume training.
- If a student feels unwell during class, they must notify the instructor immediately and may be asked to sit out for the remainder of the session.

### Illness and School Attendance:

- If your child misses school or is sent home sick from school on the day of a class, we **ask that they do not attend class** that day to prevent the spread of illness to other students and staff.
- This includes any symptoms of contagious conditions such as colds, flu, fever, or other illness. We encourage you to allow your child to rest and recover fully before returning to class.

## Attendance and Withdrawal Policy

### 1. Regular Attendance:

- Consistent attendance is essential for your child's continued progress and improvement in martial arts. Please ensure your child arrives on time for class and is picked up promptly afterward.
- If your child misses **four consecutive classes** without prior notice or a valid reason, we may **withdraw your child from the program** due to our growing waitlist. This ensures that we can accommodate other students who are waiting for a spot.

### 2. Extended Absences:

- If your child will be absent for an extended period, please notify **Michelle Sooter** in advance. You can reach Michelle via email at **risemartialarts1234@gmail.com**.

### 3. Withdrawal from Classes:

- If you decide to withdraw your child from classes for any reason, please be aware that **your child's spot may be given to another student on the waiting list.**
  - **Automatic Enrollment:** Students are automatically enrolled in the next month of classes. If you choose to withdraw, you must notify us via email at **risemartialarts1234@gmail.com before the start of the new session** to avoid further charges.
4. **Tuition and Refund Policy:**
- If you do not notify us of your child's withdrawal before the new session begins, **tuition for the entire session will still be charged.** Please note that tuition is **non-refundable** once the session has started.

## **Class Rescheduling and Makeup Policy**

### **Instructor Cancellations (Personal Sickness or Emergency):**

- If I need to cancel a class due to personal sickness or an emergency, I will offer a makeup class at a rescheduled time.
- Alternatively, I may provide a credit to your account if a makeup class is not possible. This credit can be used toward future lessons or services.

### **Student Cancellations (Personal Reasons):**

- If you miss a class for personal reasons (e.g., scheduling conflicts, illness, travel, etc.), **there will be no makeup class or credit offered** for the missed session.
- However, you are welcome to contact me about attending a class at another location as a potential makeup. This is subject to availability and approval.

### **School District and Weather-Related Closures:**

- For **Winter and Spring Breaks**, both locations will follow the Brush School District schedule for closures. If the district is closed for breaks, there will be no classes during that time.

### **Weather-Related Closures:**

- **Brush Location:** If there is any **Brush School District closure** due to weather or other district reasons, **the Brush location will also close**, as we utilize their facilities.
- **Morgan Location:** For **snow-related closures**, the Morgan location will follow **B3 Decisions** for cancellations. If B3 calls for a closure due to weather, we will not hold classes at the Morgan location on those days.

### **Attendance Responsibility:**

- Please notify me in advance if you anticipate missing a class, and we can discuss alternative options available to you.

## **Inclement Weather Policy**

- In the event of **severe weather** (e.g., snowstorms, extreme cold), RISE Martial Arts will follow **local school district closures** (e.g., Brush School District) or **B3 Decisions** for the Morgan location.
- If classes are canceled due to weather, notifications will be sent via **email** or posted on the RISE Martial Art facebook page.

## **Behavior and Code of Conduct Policy**

- **Purpose:** Sets expectations for student behavior, ensuring a respectful and positive environment.
- **Sample:**
  - Students are expected to treat their instructors and peers with respect. Disruptive behavior, bullying, or any form of violence will not be tolerated.
  - Parents are asked to support the school's values and encourage their child to follow the rules both in and out of class.
  - Any student found violating the code of conduct may be subject to disciplinary action, up to and including suspension or dismissal from the program.

## **Equipment and Uniform Policy**

- Students are required to wear the official **RISE Martial Arts uniform** during all classes. Failure to do so may result in the student being asked to sit out.
- All necessary protective gear (e.g., pads, gloves, etc.) should be worn during sparring or contact activities.
- Parents and students are responsible for maintaining the condition of their child's uniform and equipment.

## **Media and Photography Policy**

- From time to time, RISE Martial Arts may take photos or videos during classes or events for promotional purposes (e.g., social media, website).
- If you do not wish for your child to be photographed or filmed, please inform the instructor in writing at the time of enrollment.

## **Class Progression and Testing Policy**

- There are 12 belt advancements before black belt. As the instructor, I will review students monthly. Students who have met the necessary knowledge, skill, and attitude requirements plus a minimum time at that specific belt (2-6 months) may be invited to test for rank advancement.
- Students will be assessed periodically to determine their readiness for promotion to the next belt or level.

- Testing for belt promotions will be held at **scheduled class times** during the year. Parents will be informed of test dates well in advance.
- All students are required to attend classes regularly and demonstrate proficiency in required skills to be considered for promotion.

## **Payment and Tuition Policy**

- **Purpose:** Establishes clear guidelines around tuition payment, deadlines, late fees, and payment methods.
- **Sample:**
  - Tuition is due at the **beginning of each month** and is non-refundable.
  - Payments may be made via **credit card, check, or cash**.
  - **Late Fee:** A late fee of \$X will be charged if tuition is not received by the 5th of the month.
  - If tuition is not paid by the 15th, students may be suspended from class until the balance is settled.

## **Classes**

### **(Coming at a later date) Preschool–RISE Tiger Cubs**

*For the youngest learners, focusing on fun, movement, and basic martial arts concepts.*

### **K-2–RISE Mighty Movers**

*For the energetic, developing bodies of young kids, this class focuses on building strength, coordination, and discipline.*

### **3rd-5th–RISE Junior Warriors**

*For the older kids, emphasizing teamwork, discipline, and more advanced martial arts techniques and skills.*

### **(Coming at a later date) 6th grade and older–RISE Elite Strikers**

*For teens and older students, focusing on advanced techniques, discipline, and mastery of martial arts skills.*